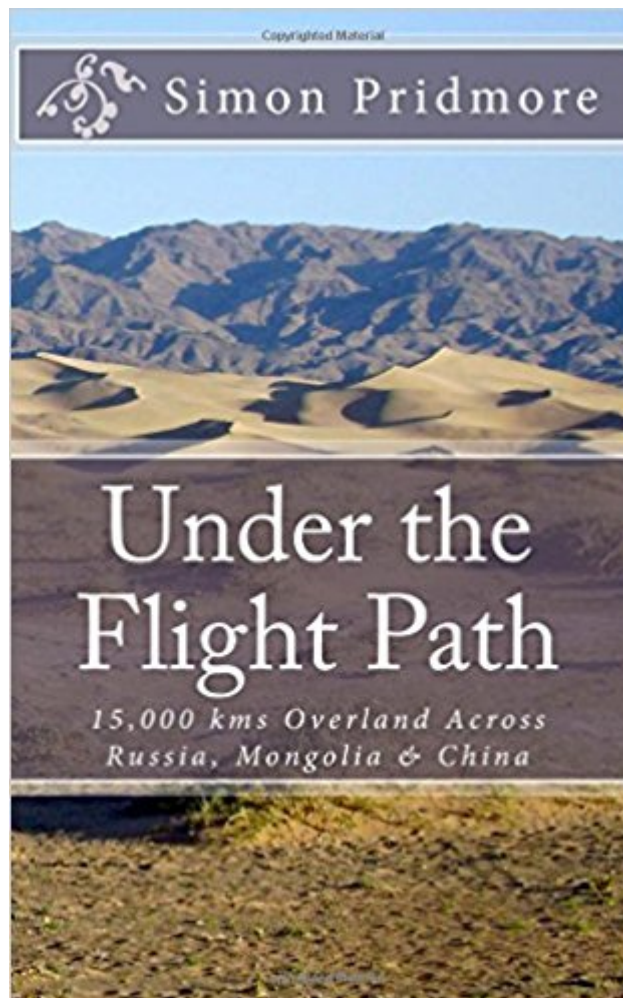




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# Under The Flight Path: 15,000 Kms Overland Across Russia, Mongolia & China



## Synopsis

In the spring of 2009, Simon Pridmore and his wife Sofie travelled for 15,000 kilometres overland through Russia, Mongolia and China. A trip that started off as an adventure ended up being an education. Everywhere they stopped they found people and cultures on the cusp of change. This was a watershed period for many nations that found themselves having to deal with the challenges of a new century, while still recovering from the consequences of the tumultuous events of the previous one. Simon tells the tale of the journey with insight and wit as he and Sofie cross two continents, taking plenty of time out from the train to go off piste into the Siberian hinterland, Mongolian desert and Chinese cities. They go scuba diving in a glacier lake in the Altai Mountains and then again in Baikal, the world's largest and deepest lake, just after the ice has melted. They practice herding goats on camelback in the Gobi Desert, are entertained by Siberian marching bands, nose flute players and outdoor ballroom dancers and survive potentially life-threatening close encounters with encephalitis ticks, smiling provodnitsas and Mongolian cuisine. This is a story that will make you think about how lives are lived in far-flung regions. It will teach you how to use the toilet on a Chinese train without coming to grief, how to bathe naked with dignity in a mountain stream and how not to panic when smugglers hide contraband in secret panels in the ceiling of your train compartment. Most of all, this is a story that will make you want to pack a bag and hit the road yourself.

•A vivid, witty account of a couple's no-frills travel across Eurasia. An inspiration to real travellers - Yes! It's Possible! Do it! - but also an entertainment for those who prefer their armchairs.

•John Man, author of *Genghis Khan, Life, Death and Resurrection* •This is great! I really enjoyed it. *Under the Flight Path* is entertaining and informative, written in a lively, engaging style and the narrative flows beautifully. There is plenty of historical and political comment to satisfy the reader's curiosity and it is packed full of useful tips and advice for travellers, from someone who really has been there and done it. Some of the stories made me laugh out loud. Lucky I was on my own and didn't have to keep on explaining what was so funny." Jackie Winter, author of *Life in Tandem* and *Lipsticks and Library Books*

•Under the Flight Path is warm, candid and funny. I believe you get three types of travellers. Those who are there for physical experiences such as diving and trekking; those who look for social connection and those who are fascinated by the history and culture of a new place. *Under the Flight Path*, remarkably, combines all three. Simon and Sofie are seasoned travelling companions, and it is a pleasure to follow them as they navigate new, enriching and unexpected experiences

•Amy Johnstone, author and founder of Story

•A true and intrepid adventure by rail, bus, van and boat far off the beaten path in some of the most inhospitable terrain in the world: author Simon Pridmore has created a fast-paced page-turner

featuring his special brand of humor, insight and knowledge of Russian and Asian culture and history. What a delight! This book is worth every togrog. Great entertainment. Tim Rock, Lonely Planet author

## Book Information

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## Customer Reviews

Simon Pridmore is a professional scuba diver and itinerant writer. He is the author of a number of scuba diving and travel guides and lives, writes and plots further adventures in Bali, Indonesia. Why the title "Under the Flight Path"? Simon used to work in colonial Hong Kong, flying back and forth frequently between Europe and Asia. He would gaze out of the window at the landscapes he was passing over and dream of doing the trip overland some day. At the time, political issues meant that independent travel through the countries he was passing over was impossible. Then the world changed.

Thoroughly enjoyed this book as I have just moved to China and plan on doing the Trans-Siberian/Trans Manchurian train trip early next year myself. The cultural and historical insights are placed well within the overall narrative and add to the journey's retelling. I also appreciated a few of the practical tips that come out naturally through the events - toilet and sleeper class cabin info on the train was good value:). Although I am doing the trip in reverse order (to the way that these guys did it) I still got some solid takeaways and came away more motivated for my own trip - cheers Simon.

"I have just finished this delightful book: I recommend it highly to all those that enjoy traveling and

discovering new places new people and different ways of life. The writing is so entertaining and so full of cute observations. It only did not get the fifth star for I missed some more photos and detailed maps....but the author told me he is already providing new photos to go with the reading....Waiting for his next essay on his incredible travels in asia!

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